



Physician Directed Weight Reduction Program

Welcome to Encompass Care's Physician Directed Weight Reduction Program.

Congratulations! You have made the decision to change your life and your weight. The weight loss program is the first step toward moving in the right direction for a happier healthier lifestyle. In the next few weeks you will be challenged to reach your individual goals and be supported every step of the way.

Our program begins with a comprehensive initial consultation which includes a complete history, physical examination and BMI calculation. Dr. Bazemore will gather pertinent information on your medical history and current levels of functioning. An EKG (electrocardiogram) must be done to examine your cardiac function. Lab test such as thyroid levels, lipid and cellular blood panels, insulin and hormone levels may be ordered before administration of any medication. For patients with out insurance an additional cost for the blood work may apply.

After a through examination of the listed above results, you will receive the New Weight Loss Lypo-M injection and Medication Prescription. Based on an individuals needs Herbal Supplements and or Hormone Replacement Therapy will be recommended for evaluation. Dr. Bazemore will recommend an exercise and complete diet plan based on individual needs

Bi-weekly weigh in's and monthly status checks are required to check progress. Status checks are an important part of your program and include meeting with our staff to check your progress and determine your body mass index. They will review your medications and make supplement suggestions based on your needs. They will also give diet plan education and encouragement as well as identify any weight loss obstacles to ensure your success!

Please be aware that refunds are never issued for the weight reduction Program.

Our Program's fee is \$99 per monthly phase and Includes

- Medical Evaluation (not including lab cost)
- The New Weight Loss Lypo-m injection
- BMI Calculation
- Weight Reduction Medication Prescription
- Exercise Recommendations and Diet Plan
- Trend progress and identify obstacles to ensure success
- Free Pedometer
- Biweekly status checks

Weight loss medication not included in program. Medication can be obtained from a pharmacy of choice *****

Biweekly visits consist of a Lypo-M injection, supplement suggestion based on individual needs, and provide needed support as well as answer any questions.

Monthly checks consist of a medication prescription, review of necessary lab results, a monthly consultation with the provider, and weight check. Our staff is always available by phone, email (encompasscare@me.com), and/or text message

By signing below, I am acknowledging that I am aware of all applicable cost associated with this program, I understand the program fees are nonrefundable, and I agree to participate and pay for all fees in full.

Sign

Date

Sign

Date



FAT BURNER INJECTION INFORMED CONSENT FORM

Fat Burner was first used in the 1950's to reduce cholesterol and triglyceride levels in the blood, and optimize the fat dissolving effects. It was approved in April of 1999 by the FDA. The usual dose is 1cc per week injected intramuscularly. Side effects at injection site can be pain, redness, and swelling. The fat burner injection agents belong to a class of substances that play important roles in the body's use of fats though their involvement in the lipid metabolism, lipotropics help maintain liver function and promote fat excretion. The substances included in the injection are:

1. **Methionine** is an antioxidant amino acid that helps to neutralize free radicals. Methionine deficiency develops with inadequate intake of the amino acid, mostly from meat diets or poor absorption. It assists in the breakdown of fats and thereby prevents the build-up of fat in the arteries, as well as assisting with the digestive system and removing heavy metals from the body since it can be converted to cysteine, which is a precursor to glutathione, which is of prime importance in detoxifying the liver. The amino acid methionine is also a great antioxidant and the sulfur it supplies activates free radicals. It may also be used to treat depression, arthritis pain as well as chronic liver disease- although claims are still under investigation. Some studies have also indicated that methionine might improve memory recall. It is also one of the three amino acids needed by the body to manufacture creatine monohydrate, a compound essential for energy production and muscle building.
Methionine does contain sulfur so patient with a sulfa allergy should not take this injection.
2. **Inositol** is a vitamin that is vital for the metabolism of fat and cholesterol and aids in their transport in blood vessels. Inositol can help lower cholesterol levels. A lack of inositol has been shown to produce an accumulation of triglycerides in the liver (fatty liver), as well as hair loss.
3. **Choline** is co-enzyme that is needed for the metabolism of fats and leads to the transport of fats out of the liver. Deficiency of choline can lead to cirrhosis of the liver.

Name: _____

Date: _____